

# The Pilgrimage of Incarnation

*An honoring of your journey from two perspectives:  
The Call of your Soul into a human life  
and  
Your humanity seeking to discover your Soul*

A pilgrim makes an outer journey to discover something sacred that already lives within them. Some traditions use the symbol of the Divine Seed to convey the innate potential that is carried in the soul. The Call to a human incarnation is the means to realize and manifest that divine potential. In Buddhism, of all the six realms of incarnation the human one is considered the most conducive for enlightenment. The Dalai Lama speaks of the preciousness of a human life and Sufism accents the privilege of a human incarnation.

*When death comes  
I will step through the door  
full of curiosity and wonder  
when it is over  
I want to say  
I made of my life  
something real and particular.  
Mary Oliver*

In this training, we shall embrace the pilgrimage of our incarnation through 40 themes, the symbolic number for transformation. Myth, creative exercises, spiritual practices and teachings from various traditions, insights from Jungian Psychology, small group sharing and creating community will be essential elements.

Both traditions teach there are countless beings longing for the human journey. Christianity is an incarnation religion in which the divine seeks embodiment and models the promise of divine resurrection arising out of human crucifixion. Judaism sees profound meaning in the human capacity to help mend the brokenness of the world. The Feminine embraces the wisdom of embodiment, relatedness and wholeness rather than perfection.

