Let go of your old identity and lay the groundwork for a new sense of self. Life changes are times of passage and initiation. The tension of the “in between” time is often tinged by the sadness of letting go, the difficulty of living with uncertainty, and the anticipation of new beginnings. Work with teachings from various traditions including Jungian psychology and Alchemy to detach from old roles and expectations. Use personal ritual in the journey of completion, passage and rebirth. Meditation, storytelling and small group sharing encourage the development of intuition, discernment and creative imagination.

A special emphasis will be given to the parallels between personal and planetary transition, which is so significant in our time.

Thomas Atum O’Kane, Ph.D is a graduate of the Guild for Spiritual Guidance. He holds a M.A. in Psychological Counseling and a Ph.D. in Transpersonal Psychology. Atum has been a senior teacher in the Sufi Order International, where he served as secretary general for 12 years. He leads The Art of Spiritual Guidance trainings, retreats, and pilgrimages in North America, Europe and the Holy Lands.

The program will be held in a lovely non-residential location in Petaluma California in Sonoma County. Information on airports and lodging available.

$450 per person before August 15, 2012
(After 8/15/2012: Add $50)
Deposit required: $ 100 per person
Balance due by September 15, 2012
$50 cancellation fee

Registration Form:

Name ____________________________________________
Address ___________________________________________________________________________________
City ____________  State ______ Zip ___________
Phone____________________________________________  Email _________________________________________________
Amount enclosed ______________

contact information: Madhura Cuadra
madhuracuadra@gmail.com
415 239 8663
Make check payable to: Madhura Cuadra
Send completed form to: 22 Miramar Ave, San Francisco, CA, 94112