

# International Community of Spiritual Guidance

The 8th Advanced Training for the  
International Community

October 31—November 3, 2013

Petaluma, California



# Facility

## Location

EarthRise at Institute of Noetic Sciences (IONS)  
101 San Antonio Road, Petaluma, CA 94952 USA  
<http://noetic.org/earthrise/>  
707.781.7401

EarthRise is a beautiful, semi-rural retreat center for multi-day group retreats providing sleeping accommodations for up to one hundred and twenty people in a mix of single, double, and couple rooming options. IONS purchased the Petaluma property in 2000, which included lodging and dining facilities. EarthRise at IONS is a conscious living center that provides a gathering place to explore ancient wisdom traditions, supports experiential learning, and engages in modern scientific inquiry. EarthRise at IONS has become a place where psychologists, educators, leaders, philosophers, frontier scientists, and spiritual masters conduct their work. We support intrapersonal and interpersonal consciousness work in a gorgeous natural setting.

At EarthRise guests can commune with the land and experience ecological awareness and transformational programs and practices that foster self-reflection and personal growth. The campus is a place where we integrate theory and practice, science and spirituality, as well as renewal and retreat.

## Accommodations

### Double and Single Occupancy Rooms

EarthRise has accommodations for up to 120 people in 66 rooms on campus, double or single occupancy, and accommodations for couples as well. Nearly all rooms share bathrooms in each building, with two to four rooms. There's a kitchen in the lodging area for coffee and tea at all times. Lodging is close to nature and beautiful vistas.

***As of this printing, we have no more rooms with double beds available. Single occupancy may be limited depending on how many people attend and is currently waitlisted. Please contact Co-Chair Trevor Simpson for more details.***

## Directions

EarthRise at IONS is located just 35 minutes north of San Francisco. It is easily accessible from the East Bay and North Bay, as well as from San Francisco, making it one of Northern California's premier retreat sites.

If you are flying in, you can find directions on the link below for both San Francisco International Airport and Oakland Airport.

<http://noetic.org/earthrise/plan/maps/>

If you need transportation from one of the airports, you can find services on the link below.

<http://noetic.org/earthrise/plan/ground/>

There is also a local airport, the Charles M. Schulz – Sonoma County Airport, that serves Seattle and Portland on Alaska Airlines; it is only 25 miles from Petaluma.



# Program Schedule

## Thursday Evening

7:30 PM

*Atum O’Kane and Madhura Cuadra*

- ◆ Welcome and Dances of Universal Peace on the Path of Love

## Friday

Pre-Breakfast

Morning Yoga—Aileen Kernohan

9:00 AM—9:30 PM

Silent Meditation and Announcements

9:30 PM—1:00 PM

*Frances Vaughan*

- ◆ Reflections on the Way

3:00 PM—3:15 PM

*Victor Boyd*

- ◆ Tea with Victor

3:15 PM—6:00 PM

*Taj Inayat*

- ◆ Reflections on Being a Woman Student, Guide and Teacher in a Masculine Tradition

7:30 PM—9:00 PM

*Jeff Nur’Ali*

- ◆ The Alchemy of Community

## Saturday

Pre-Breakfast

Morning Yoga—Aileen Kernohan

9:00 AM—9:30 PM

Silent Meditation and Announcements

9:30 AM—1:00 PM

*Atum O’Kane*

- ◆ Creating a Spiritually Mature Community to Serve the Emerging Consciousness

3:00 PM—3:15 PM

*Annie Klein*

- ◆ Sitting with the Body of the One Who Has Passed

3:15 PM—6:00 PM

*Margie Gillis*

- ◆ Embodied Soul—Soulful Embodiment

7:30 PM—9:30 PM

*Lori Rivera*

- ◆ Fairy Tale

*Margie Gillis*

- ◆ Dance Performance

## Sunday

Pre-Breakfast

Morning Yoga—Aileen Kernohan

9:00 AM—9:15 AM

Silent Meditation

9:15 AM—1:00 PM

Break Out Groups: Small Groups on the Theme of Holding the Center as a Practice in the Following Areas:

- ◆ Money and Financial Matters: *Mehmet Golan*
- ◆ Sexuality and Relationships: *Indres Piche*
- ◆ Health Crises: *Wendy Halowski*
- ◆ World Suffering: *Nur’Ali and Ananda Garlichs*
- ◆ Organizational Conflict: *Bruce Sandy*
- ◆ Human Rights Work: *Maryann Perrone*

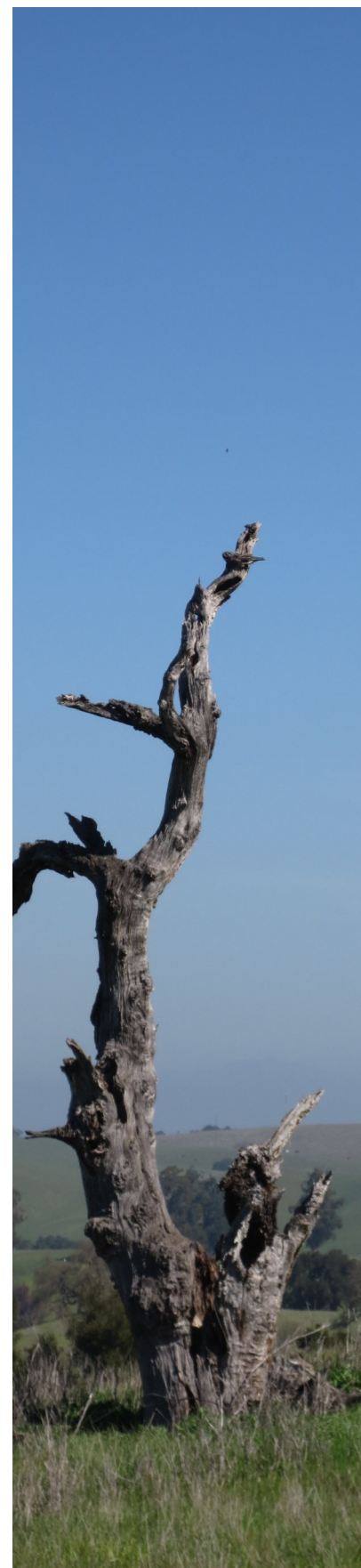
2:00 PM—2:15 PM

Trevor Simpson

- ◆ Holding the Center for this Gathering

2:15 PM—3:00 PM

Closing Ceremony



# Frances Vaughan

Frances Vaughan, Ph.D. is a psychologist, author and co-editor of many books, papers and articles on psychology and spiritual growth. She has lectured and conducted workshops throughout the U.S. and in Europe, Asia, Australia, and Latin America.

As a pioneer in transpersonal psychology, Frances was a founding faculty member of the Institute of Transpersonal Psychology. Later she joined the clinical faculty at the University of California Medical School at Irvine. At present she is a founding faculty member of the Metta Institute.

Frances has served as President of the Association for Transpersonal Psychology and the Association for Humanistic Psychology and is a Fellow of the American Psychological Association. She is currently a trustee of the Fetzer Institute. The mission of the Fetzer Institute is to foster the awareness of the power of love and forgiveness in the emerging global community.

Frances has been a practitioner of meditation since 1972, and she participated in many of the human potential developments in California. She has studied and practiced Buddhist, Sufi and Hindu spiritual traditions in addition to deepening her understanding of Christian mysticism.

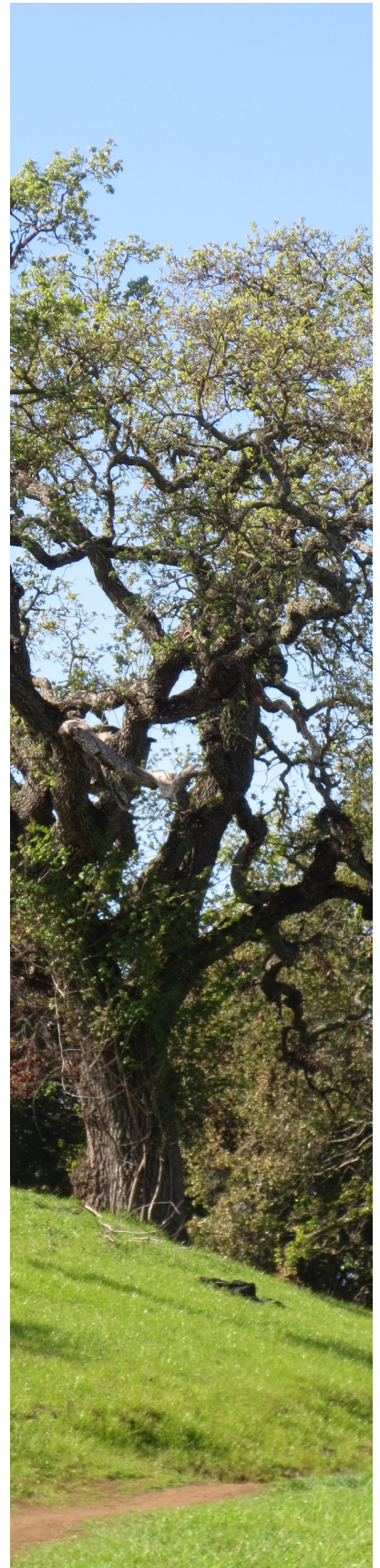
Frances has served on the boards of several non-profit organizations and on the board of editors of several journals. She graduated from Stanford University and was elected to Phi Beta Kappa. She holds a Ph.D. in clinical psychology. She has raised two children and has five grandchildren. She lives with her husband in Marin County, California.

# Taj Inayat

Taj Inayat is the Vice President of the Sufi Order International, a mystical and ecumenical fellowship rooted in the visionary legacy of Hazrat Inayat Khan. She offers spiritual guidance to those who wish to know the Sufi path of transformation and service to the world.

Taj is a minister of the Universal Worship, which honors all the world's faith traditions, a pastoral counselor, and also offers individual and group retreats. As a long time student of Sufism, she is adept at working with the inner worlds. Taj guides people in accessing their deepest nature and then living this fundamental presence in their daily lives.

Taj Inayat has immersed herself in the teachings of Hazrat Inayat Khan with passionate dedication since her initiation into the path of Sufism by Murshid Sam Lewis in 1967. Soon after, she met and became the spiritual partner of Pir Vilayat Inayat Khan as he carried forward the Hazrati heritage to a new generation of spiritual seekers. Her many years of close association with Pir Vilayat through teaching and sharing in family life, combined with a life-long study of psychology, existential analysis with Rollo May, private study with Hameed Ali in the Ridhwan School, and her own rich world of inner experience, have given Taj a uniquely personal and practical approach to the Sufi path of awakening. The fruits of wisdom she has developed through a life of challenge and grace, and her many years as a spiritual guide, are offered with presence, humor, and depth. This is a rare opportunity to study with a teacher who ignites the hearts of her students with the living flame of our spiritual legacy.



## Margie Gillis

As choreographer and performer of more than one hundred solo dance works, Margie Gillis has earned rave reviews in Asia, Europe, the Middle East, and in South and North America. A passionate and prolific artist, she has worked with the greatest dancers and artists of her time either including them in her own personal projects or by participating in the productions of her peers. Concerned with the longevity and accessibility of her unique approach to dance, Ms. Gillis often teaches in various institutions, most notably the prestigious Julliard School of New York.

Margie Gillis has been a Member of the Order of Canada since 1988 and she was appointed Knight of the Ordre national du Québec in 2009. Also, the Canadian and Quebec governments have each given her the honorary title of Cultural Ambassador. In 2001, in recognition of her exceptional contribution to national culture, the Conseil des arts et des lettres du Québec awarded her their Career Grant. During the 2008-2009 season, which spotlighted the 35<sup>th</sup> anniversary of Margie Gillis' career, the Canada Council for the Arts awarded her the Walter Carsen Prize for Excellence in the Performing Arts, and the famous Stella Adler Studio of New York gave her their first MAD Spirit Award for Exceptional Humanitarian Actions by an Artist. In May 2011, she received the Lifetime Artistic Achievement Award from the Governor General's Performing Arts Award Foundation.

Margie Gillis' masterful interpretation of the different facets of the human soul has won her loyal audiences over the years. Unwaveringly, her work continues to develop through experimenting, teaching and creating. Her most recent project, *The Light Between*, is a collaboration with dancers Holly Bright, Marc Daigle, Paola Styron and set designer Randal Newman. Together, they blended into the choreographic language sculptural and pictorial elements evocative of the dancer's body to highlight the vulnerability that all artistic research requires.

## Atum O'Kane

Thomas Atum O'Kane is a graduate of the Guild for Spiritual Guidance, which focuses on the depth psychology of Carl Jung, the vision of Teilhard de Chardin and the practice of Christian Mysticism. He holds a Master's degree in Psychological Counseling and a Doctorate in Transpersonal Psychology.

Atum is the founder of the Spiritual Guidance Wisdom School and teaches programs in America, Canada and Europe. He created the core program,—The Art of Spiritual Guidance Training—and the advanced programs: The Alchemical Operations of Transformation, The Essential Archetypes within Spiritual Guidance and the forthcoming Mandala Pilgrimage. Atum also teaches The Soul of Christianity course, several other spiritually-oriented transformation programs as well as leads pilgrimages to many sacred places from a variety of traditions.

Atum was a senior teacher in the Sufi Order International where he served as the Secretary General for twelve years. Atum has co-taught with Zen Buddhist teachers in an interfaith dialog for over ten years. Reb Zalman Schachter, founder of the Spiritual Eldering Institute, served as an advisor and mentor for his graduate studies. Atum has conducted pilgrimages to many sacred places throughout the world.



# Jeff Nur'Ali Reid

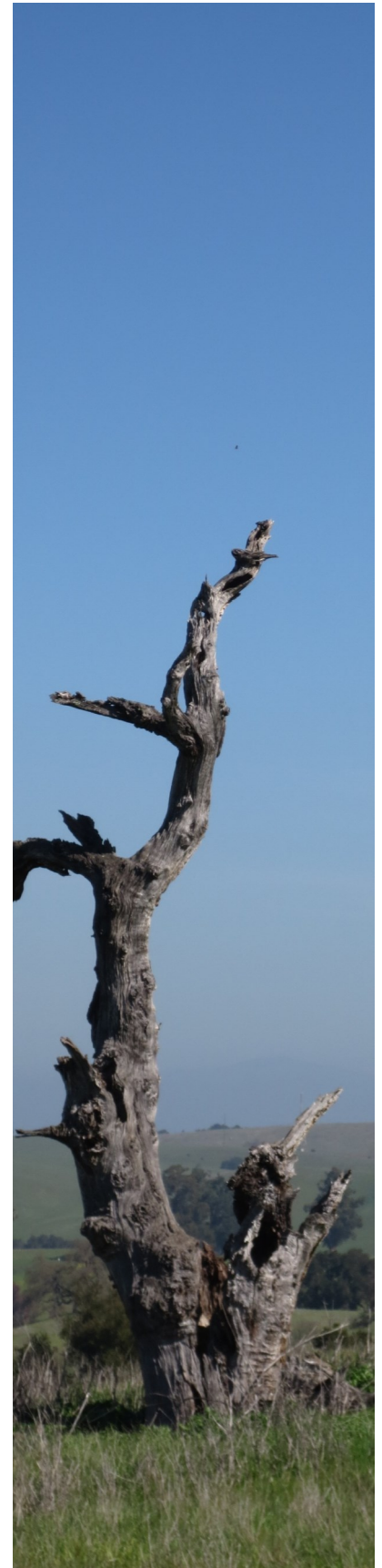
Nur Ali Jeffrey Ried is a Senior Director and Partnership Development Advisor to the Ethiopian Government's newly-formed Agricultural Transformation Agency. Based in Ethiopia, his work focuses on developing effective, empowered teams and partnerships that bridge established boundaries. He applies the principles of alchemy and personal transformation to enable individuals, teams, and organizations achieve success. He and his wife Ananda have been foster parents and are the founders and active participants in a nonprofit organization working with at-risk youth in Ethiopia. Nur Ali is a long-time Sufi student, a participant in Spiritual Guidance activities, and has been co-director (with Ananda) of teen programs at Sufi retreats. He and Ananda are grandparents of Raven, age 10.

## Interlude Presenters

**Victor Boyd:** Victor grew up on a "faith-full" Mennonite farm where God, land, and gardens were the way of life. His formal education includes studies in counselling, education, and theological studies. Victor is a retired teacher and he presently works for GardenWorks Canada where he facilitates a weekly seniors' group called "Tea with Victor". Victor has been an active volunteer in facilitation of grief groups and the training of hospice leaders. The garden metaphor guides Victor in his life and teachings. He describes himself as a gay mystic with great respect for all seekers on the path to consciousness. Victor is a graduate of the Art of Spiritual Guidance program and many of the advance trainings offered by Atum O'Kane. He lives with his partner, Bruce Sandy, and dog, Tango, in Port Moody, B.C.

**Annie Klein:** Annie Klein, whose degrees are in psychology and education, has been a teacher of special Ed, adult Ed, and the owner /operator of restaurants. She has managed a spiritual retreat center in Arizona and is now almost retired from being a casting director in film. She is a Reiki Master and a Soul Memory Discovery Practitioner, and currently has a healing practice that includes these modalities. She also organizes and manages retreats for ALEPH: Alliance for Jewish Renewal, founded by Reb Zalman Schachter-Shalomi and is one of the administrators of the week of learning for Reb Zalman's rabbinic students. Annie was in the first cohort to graduate from Reb Zalman's ALEPH Sageing Program. She currently teaches classes in "From Ageing To Sageing" in a variety of settings and facilitates sageing circles. She also volunteers to sit Shmira - the practice of sitting with the body of someone who has died until they are buried. She has been recognized By ALEPH as an Eshet Hazon – A Woman of Vision.

**Gitanjali Lori Rivera:** A mystic, a seeker, a singer/songwriter, a teaching artist and a student of teachings, Gitanjali has been the co-musical director and principle soloist for First Congregational Church of Santa Cruz's Jazz and Gospel service for over 10 years and has recorded two albums with Christian monk, musician and teacher, Cyprian Consiglio; *Hare Jesu* and *The Ground We Share*. In 2011 they provided musical support for an Inter-faith delegation to Israel/Palestine. She is currently recording a new CD called *The Offering*. She is thrilled to be joining the ranks of "God's Cabaret Singers". Gitanjali is a student of Pir Shabda Kahn of The Sufi Ruhaniat International and currently enrolled in the Nasim class of Suluk 2012-2013 led by Pir Zia Khan of The Sufi Order International. She has been on the Sufi path for almost 30 years and completed her first Art of Spiritual Guidance training June 2012.



# Breakout Group Presenters

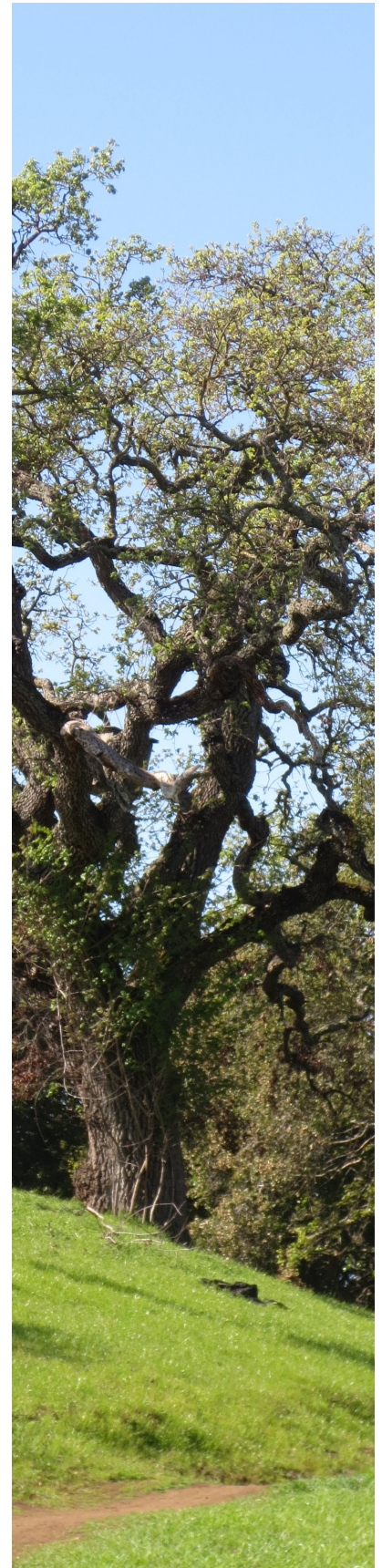
**Ananda Garlich:** Ananda is an animal empathic and veterinarian addressing the animal health needs of animals here and abroad. Based in Washington State and Ethiopia, she combines her technical expertise with an open heart to connect with organizations, farmers, and animals in order to develop approaches that meet their needs. Ananda is a long-time Sufi student and participant in Spiritual Guidance activities. She and her husband Nur Ali recently used an intentional approach to design and carry out a year-long sabbatical so that they could step away from the “normal,” listen for the call, and engage with newfound awareness. She and Nur Ali are grandparents of Raven, a blonde-haired child of 10 who loves to sing and draw and ride a bike on forest trails.

**Mehmet Golhan:** Mehmet has worked in the financial industry over 20 years in New York and London in firms such as Merrill Lynch, HSBC, and Daiwa Securities. He has questioned the prominent position of the industry and how people function in it. It was fortunate that he met friends in Sufism and yoga circles quite early on. He has studied extensively with Astanga yoga master Pathabi Jois, Gyrotonic's founder Juliu Horvat, and Qi Gong with master Zhixing. Until he moved to Istanbul three years ago he had been a member of the London Sufi Centre. He took many breaks from financial industry for retreats and sabbaticals and to study with Atum O'Kane, Nigel Hamilton, Pri Vilayet, and others.

**Wendy Halowski Dip DH,BHS MSC:** Wendy started her career working with people in dentistry as a dental hygiene practitioner, educator and clinician in Canada and the United States. After a mid-life change, she moved into working in the mental health field with individuals and couples focusing on body-centered therapies. Wendy practiced in an integrative health centre as a facilitator in body/mind programs working with people with chronic and acute illness and specifically women with breast cancer. She is currently in private practice in Vancouver, British Columbia.

**Indrus Piche:** Indrus is a transpersonal/ depth therapist in private practice in Victoria BC. Among her passions is creating and teaching seminars such as; Psyche, Soul and Spirit, (a nine weekend journey for those practicing spiritual direction, spiritual coaches, therapist, health care professionals), Desire and Intimacy (for couples) and Sex, Soul and Spirit: The Exquisite Trinity.

**Bruce Sandy:** Bruce is a certified coach, consultant, facilitator, trainer, speaker, and spiritual guide with 29 years' experience working with personal, professional and corporate clients and seekers. Bruce was raised an Anglican but considers himself to be a spiritual eclectic and mystic now. He comes from a highly intellectual and competitive family where emotions and feelings were considered to be inferior to thoughts and wants and anger and conflict were not expressed or resolved appropriately. His life work, experience and training has been about balancing the heart with the head and creating more aligned, heartfelt relationships. Bruce helps individuals, couples, families and teams to get to the heart of issues, address underlying conflicts and develop more positive, aligned and soulful relationships. He writes for a number of newspapers and online publications on career, leadership and relationship issues. Bruce holds a Master's degree in Public Administration and Health Services Administration and an undergraduate degree in psychology. Bruce has advanced training in coaching, emotional intelligence, relationship and organizational systems, and conflict resolution. He is a graduate of the art of spiritual guidance program and all the advanced spiritual programs offered by Atum O'Kane. Bruce is the founder and principal of Pathfinder Coaching and Consulting.



## Breakout Group Presenters

**Mary Anne Perrone:** Mary Anne is an educator, an activist and a spiritual guide. While working in schools with vulnerable populations and raising her own children, Mary Anne has been an activist for justice and peace all of her adult life. In addition to working on issues related to world hunger, nuclear disarmament, non-violence, etc., her particular area of focus for over 30 years has been on human rights in Latin America. This work led their young family to live and work in Latin America in the late 1980's (Bolivia) to accompany the poor there in a spirit of liberation. She has been working in the U.S. ever since to raise consciousness about our country's role in human rights violations in Latin America and to work for substantive change in our foreign policy.

In the last several years, this work has taken her on multiple human rights delegations to several Latin American countries, connecting with and accompanying courageous people working in their own countries to defend those whose human rights are highly threatened. She continues to work vigorously to detain the continuing spread of U.S. militarism in the region and to close the military training school known as the School of the Americas / WHINSEC.

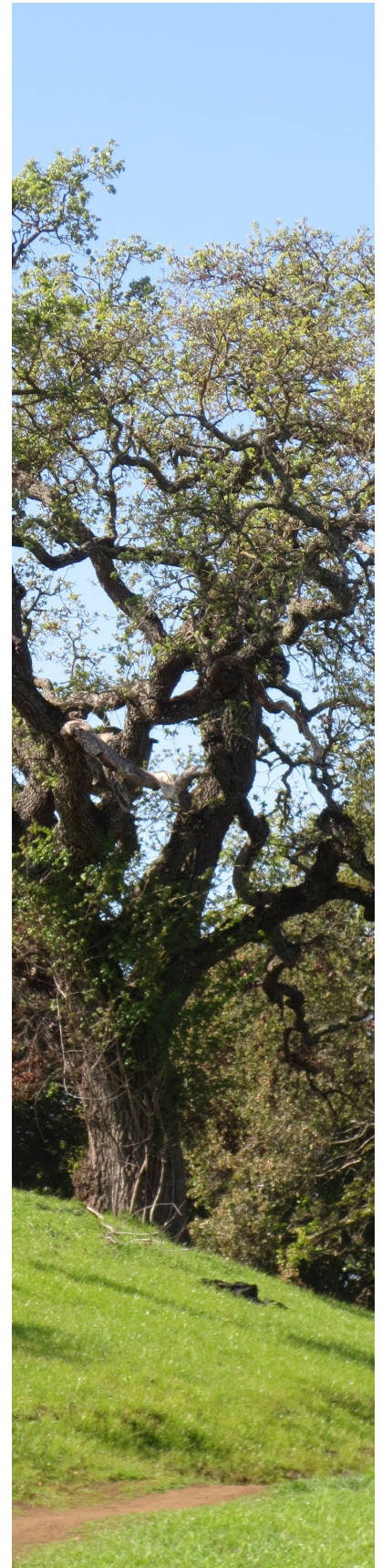
In addition to many years of work with Atum O'Kane through the Art of Spiritual Guidance, Alchemy and Archetype courses, Mary Anne attended a training in spiritual direction through The Haden Institute and became certified as a spiritual director (guide) in 2010. She accompanies people on the journey individually in her home. Mary Anne lives in Ann Arbor, Michigan, with her husband, Ricardo Bartelme. They are the grateful grandparents of Aria and of her little brother, Orson, about to be born.

## Featured Artist— Kat Taylor

Kat grew up in Georgia where she had her first experiences of the numinous coming through the lushness of the plants and birdsong. She lived there in the segregation years, becoming active in the civil rights movement there in her college years. She read theology for pleasure during her college years and completed degrees in theology at Pacific School of Religion in Berkeley, California, despite open hostility to the presence of women.

After receiving ordination and working for a period as a campus minister, Kat gave up on the patriarchal church and departed it for Planned Parenthood, where she worked as Director of Education, teaching about and working for reproductive rights. She continued the research, begun in seminary, into the early cults of the Mother Goddess, traveling to Turkey to visit archeological sites. She got a degree in counseling and opened a private practice.

In her forties, Kat apprenticed herself to another artist, beginning her long relationship with clay. She created the figures you see in our meeting space and is expanding her work currently to include collage and printmaking. In addition to Atum's teaching, interaction with Jungian ideas has brought an immeasurable richness to Kat's creative and personal life in recent years. After a hiatus due to a shoulder injury in 2012, Kat is again at work in the studio, creating very simple pieces.





# Others to Recognize

## Keeper of Sacred Space: Pamela Boles

We are honored to have Pamela serve as the keeper of sacred space for the gathering. She has held this role for the last four international conferences. Pamela is a master potter and a very gifted flower arranger. Her pottery often includes esoteric symbols and her large flower arrangements at Hollyhock are a source of continual awe. These are just two of her many gifts. Living simply in an island forest community, Pamela has had the opportunity to observe the patterns in nature and wonder at the mystery and miracles of every day. From a place of deep gratitude, she honors the exquisite connection spiraling through all that is, from the vastness of a turning galaxy to the unfolding of a sprouting seed.

## Dances of Universal Peace: Madhura Cuadra

Madhura has led the "Dances of Universal Peace" and Sufi walking practices for the past 35 years. She currently plans retreats and spiritual programs and has been co-organizer of the Mexico Sufi camp for the past 20 years. Madhura is a facilitator and trainer for peer support groups and an architectural color consultant.

## Sound and Music: Steven Flynn

Steven Flynn is a musician and composer who has made music most of his life, as a personal joy, as a spiritual practice, and as a profession. He plays American rock-and-roll, rhythm and blues, jazz, and Middle Eastern and Turkish classical music, on piano, organ, hand drums, and the ney (reed flute). He has played in bars for rowdy revelers; at zikrs for Sufis and semas for whirling dervishes; for people dancing, praying, laughing, celebrating, grieving, being born and dying. Lately he's been playing a lot at retirement communities, enjoying the quickening of young spirits in old bodies and with an infusion of boogie woogie, swing, r&b. For several years Steve has been making audio recordings of Atum's programs for archival purposes. He is also webmaster for Atum's websites, and handles the community database for emailings of the Deeper Story newsletter and other Spiritual Guidance Community communications. He currently resides in Seattle.

## Co-Chair: Nancy Monson

As a personal coach and spiritual guide for the last fourteen years, Nancy works with individuals dealing with life transitions, helping to bring clarity, overcome self-imposed limitations and step into a more meaningful and fulfilling life. A frequent speaker and workshop leader, Nancy offers programs focused on women's empowerment and transformation, recently adding the Women, Power & Body Esteem workshop to her offerings. She has also presented at conferences, universities and colleges, and has published articles on personal effectiveness, leadership and change. She is a certified professional coach and has extensive training in systems/relationship coaching, nutrition and fitness, personal transformation, and spiritual guidance. An avid outdoors woman, Nancy is a cyclist, runner, backpacker and hiker, trekking some of the most remote places on the earth. She organizes and leads backpacking trips and retreats for women and has led trips for the Sierra Club's Alaska Outings Program. She currently resides in Menlo Park, California.

## Co-Chair: Trevor Simpson

Trevor is a Spiritual Coach and the author of *Life's Little Book for Big Decisions* together with a companion CD, he supports people in working with decision-making, dreams and their intuitive senses. ([www.soulclarity.com](http://www.soulclarity.com)) His spiritual journey took him to the Unity School for Religious Studies in Kansas City then in 2003, he completed the two-year Art of Spiritual Guidance program followed by a couple of years at the Vancouver School of Theology studying in the Masters of Spirituality course. He is currently enrolled in Archetypal Dimensions of Spiritual Guidance. He was a successful business manager and consultant in the world of marketing and advertising until 1991. From Executive Vice president of McKim Advertising, at the time Canada's largest advertising agency, he moved on to start his own consulting practice in marketing, communications and research. He is a resident of Vancouver, Canada.

