

Sufi Camp in Mexico

Sunday, January 3 – Sunday, January 10, 2010

with Asha Greer and Atum O’Kane



Asha Greer and Atum O’Kane have been leaders in the Ruhaniat and Sufi Order, respectively, for over thirty years. Asha teaches meditation, Zikr, and the Japanese tea ceremony, and is a founding member of Lama Foundation. Atum is a transpersonal psychotherapist who focuses on the depth psychology of Jung, Christian and Jewish mysticisms, and story-telling. He currently conducts spiritual guidance trainings worldwide.

Come join us...

for a wonderful retreat on a beautiful beach where the jungle meets the sea. Mexico Camp provides a rare opportunity to dive deeply into spiritual practice within a supportive community while enjoying the natural beauty and serenity of the surrounding environment. Mornings are spent exploring Sufi teachings, meditation, walking practices, dances, and discussion. Afternoons are free for swimming, hiking, boating, whale-watching, or just relaxing on the pristine beach, which is right at your doorstep. Evenings are devoted to Dances of Universal Peace and the Sufi practice of remembrance.

The oceanfront retreat is located in a fishing village an hour and a half north of Puerto Vallarta. Accommodations consist of deluxe double rooms with a private bath, rooms for four with a private bath, or single rooms with a shared bath; these rooms are on a first-come, first-served basis. Swimming pool, jacuzzi, and spa with hot and cold pool and steam bath located on the premises. Delicious meals emphasize fresh local fish, fruit, vegetables, chicken, and native cuisine. Please register early, as space is limited.

For information, contact: info@hearttraveler.com (email is preferred method of communication) Madhura: 415/239-8663 Nurah: 707/823-8684	Fees per person include bus fare to and from airport	before 10/1/2009	after 10/1/2009
	Room for four	\$ 980	\$ 1030
	Deluxe double	\$ 1280	\$ 1330
	Single room/shared bath	\$ 1135	\$ 1185
Deposit required: \$ 200 per person Balance due by 11/1/2009 Cancellations: \$100 fee until 11/1/09; thereafter, no refunds			

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____
Email _____
Specify room type desired & cost _____
Amount enclosed _____

Please make check payable to
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Kaplan/Garson
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San Francisco, CA 94112